

# EASTGATE VEGAN MENU\*

Soya Milk is available for hot and cold drinks on request.

Please let us know if there are any menu or specials board items that we can amend, and we will try to accommodate your requests.

## Breakfast Brunch (Served all Day)

**Vegan Breakfast** £6.95

Grilled Tomato, Mushrooms, Baked Beans, Hash Browns and two thick slices of warm white or wholemeal Toast served with Dairy Free Spread or Jam

**Toast with Jam or Marmalade** £2.65

Two thick slices of warm white or wholemeal toast served with Dairy Free Spread & Strawberry Jam or Marmalade

**Vegan Soya Porridge served with Fresh Fruit.** £3.95

## Starters and Light Bites

**Homemade soup of the day (vegan unless specified)** £5.50

Served with a hunk of White or Granary Bread & Dairy Free Spread

**Vegetarian Mezze Board** £8.50

Roasted Vegetables, Olives, Hummus, Sun blush tomatoes, salad leaves and ciabatta bread

## Jacket Potatoes

*Served with an undressed salad garnish*

**Baked Beans** £6.25

**Hummus & Roasted Vegetable** £7.25

*\*Menu Items may change or be unavailable, our homemade dressing contains honey, so our salads are served undressed but balsamic vinegar or olive oil are available.*

## Sandwiches, Baguettes, Wraps & Paninis

**Roasted Vegetable & Hummus** £6.95

Freshly made to order in Wholemeal or white, thick or thin bread, White or Granary



*EastGate Brasserie & Café*



3 Market Road, Tavistock, PL19 0BW - 01822 615665 - [www.eastgatetavistock.co.uk](http://www.eastgatetavistock.co.uk)

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Baguette or wrap. Served with an undressed salad garnish and Burts Hand cooked crisps.

## **The Vegan Club** **£8.50**

A double layer of Roasted Vegetables, Hummus, Olives, Tomato and Lettuce in toasted white bread served with Skinny fries.

## **Falafel, Hummus & Roasted Vegetables Wrap** *NEW* **£8.25**

served with undressed salad and crisps. *Add Chips £2.00*

## **Olive, Tomato & Sweet Chilli Panini** **£7.50**

Mixed Olives, Tomato's, Sundried Tomato and Sweet Chilli Served with an undressed Salad and Burts hand cooked crisps.

### *Classics*

## **Vegetable Stack Burger** **£9.95**

A mix of Mediterranean vegetables served in a toasted ciabatta with hummus, served with sweet potato fries, an undressed salad & Sweet Chilli Dip.

## **Butternut Squash and Coconut Curry** *NEW* **£9.50**

Served with Steamed Rice, Naan Bread & Mango Chutney

### *Side Orders*

**Chips £3.25 Add Hummus £1.50**    **Sweet Potato Fries £3.75 Add Hummus £1.50**

**Side Salad with Hummus £3.50**    **Mixed Olives £2.95**

**Bread Board £3.50** *With balsamic vinegar & oil OR Dairy Free Spread*

**Toasted Ciabatta £3.25** *with Balsamic Glaze to dip.*



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